

4N/5D

#### **Overview**

- Pick up and drop available from (Dehradun/Rishikesh)
- Total trek distance 36Km
- Accommodation will be on sharing basis
- Trekking gears are available on rent
- Batches available in May, June, Sept & Oct month.



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DAY 1: Drive from Dehradun to Sagar Village

(Drive 250km)

DAY 2: Trek from Sagar to Panaar Bugyal

(Trek 10Km)

DAY 3: Trek from Panaar to Rudranath (Trek 8Km)

DAY 4: Trek from Rudranath to Sagar (Trek 18km)

DAY 5: Drive from Sagar to Dehradun (Drive 250km)





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### **Inclusions**

- Accommodation in Guest house/Home Stay/Camping
- Meals while on Trek (Veg)
- Transport From Dehradun to Dehradun
- All the required forest and camping permits
- Certified Trek Leader



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### **Exclusions**

- Travel Insurance
- Meals during transportation
- Mules cost for carrying personal luggage
- Any kind of personal expenses.

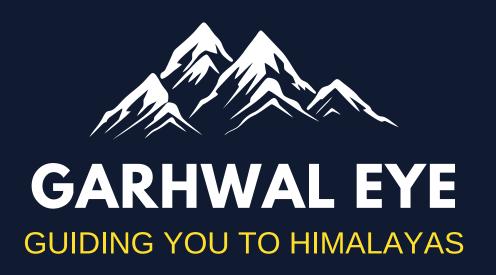




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#### **Trek Essentials**

- Backpack 35-45 ltrs
- Thermos flask
- 2 Full sleeves T-shirts, 2 Trek pants, Fleece jacket, Extra pair of Socks, Thermal Innerwear, Waterproof winter Jacket, Waterproof trek shoes, Woolen cap.
- Head torch, Sun glasses, Walking Stick



## RENTAL GEARS

- Trekking Bag INR 100 per day
- Poncho INR 50 per day
- Trekking Shoes INR 150 per day
- Jacket INR 100 per day
- Head Torch 50 per day
- Trekking Pole 50 per day